



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Sabrina Wiedmer (27y)** 

has successfully competed in

International Ice Swimming Association Ireland 1K National  
championships

Wild Water, Armagh

30-Jan-2016

1000m Freestyle in 13:58:00 minutes

Overall 1st / Age Group (25-29y) 1st

**WORLD RECORD**

Category Women

Pool Course

Water 4.50°C, Wind Chill -8.00°C

**IISA**  
INTERNATIONAL  
ICE SWIMMING  
ASSOCIATION



**Ram Barkai**  
IISA Chair

*Ireland*  
Chair & Board

**IISA**  
INTERNATIONAL  
ICE SWIMMING  
ASSOCIATION  
IRELAND

INTERNATIONAL ICE SWIMMING ASSOCIATION